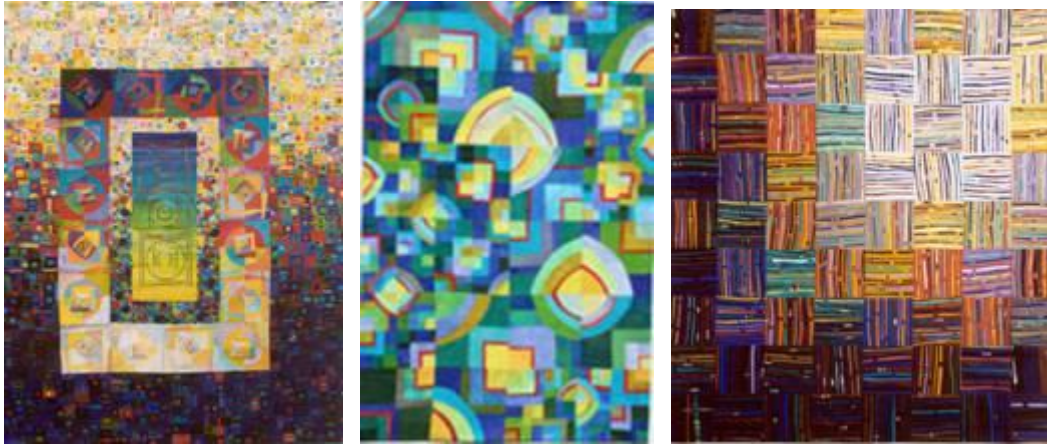
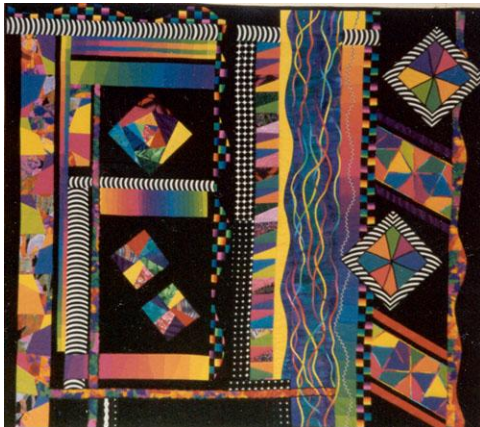


IMPROVISATIONAL SCRAP QUILT (4 Day) SUPPLY LIST

Revised March 2009



Quilts Carol has made using these techniques above.



Class sample using some of the techniques & this class in progress at Asilomar 2007

Sewing Machine

- Clean, well oiled & in good working order (teacher is not a sewing machine mechanic!) Bring sewing machine instruction book to be safe.
- All feet, including:
 - 1/4" foot (#37 Bernina)
 - Free Motion foot (#29 Bernina, or darning foot)
 - Walking foot (if you have one, it would be helpful)
 - Optional: couching or braiding foot (# 21 if you have a Bernina). You can do this couching with your regular #1 foot, but it is SO much easier to do with a couching foot as this foot has a hole to put the yarn that you're couching down through and a channel under the foot so you can just drag it along. Carol will bring as many of these Bernina, and Husquvarna-Viking couching feet to sell as she can, but if you have another machine, do look into getting one. Different machines call this foot a "couching, braiding, cording, and even beading" foot. You

- want the one that best allows you to put the yarns through a hole to drag them along. A good option is listed below.....
- If you don't have a couching foot for your sewing machine, go to Creative Feet at <http://www.sewingmachinefeet.com/sequins.html> and get the Sequins N Ribbons foot and the Accessory package. The internet price is reduced too. This is an excellent foot for the tasks we will do in class and works on all sewing machines (though with Bernina, you will need the adaptor and the Bernina foot #21 works well). I highly recommend this foot for Janome, H/Viking, Elna, Baby Lock and other machines as it works better than the ones you can buy for those specific machines.
 - Knee lift (if you have one, be sure to bring it as it makes couching and free motion quilting much easier) & table top for machine if possible
 - Pedal, Cord
 - Several bobbins
 - Machine needles: 90/14 Sewing machine needle for couching & free motion, 80/12 for piecing
 - Extension cord if possible

2. Basic Sewing / Quilting Supplies

- Scissors
- Pins
- Thread (Carol will bring neutral colors which work on all fabrics of the BEST piecing thread ever to purchase in class, as well as the threads that work best for couching & free motion). There is no kit to purchase. You can buy spools individually as we try the different threads in class.
- Rotary Cutter, mat (be sure to have a New SHARP blade as we will be cutting through layers)
- Rulers
 - 6x24 or 6x18 see-thru ruler
 - Optional: 6" square ruler would be useful. You'll like having it!!! (We will use the rulers more to trim that to measure with.)
 - Optional: 9.5" square ruler would be helpful in making circles
 - Optional: 4" square ruler (Carol will have 4" square rulers for sale in class for small circles, so don't go out and buy it before. Just bring it if you already own one of these)
- Fusible web – regular weight Wonder Under or Transweb. NO Head and Bond (it's too heavy). One yard is plenty.
- Stabilizer: ½ yard or so of Easy Tear, or some other fairly heavy weight stabilizer. This will stabilize your couching so this cannot be a lightweight, and should not be an interfacing. It should be a "stabilizer".
- Flannel Design Wall to lay your quilt out on....this can be an actual folding board, a flannel backed table cloth, or even just some felt, flannel, or batting to hang on a wall and use as a design board to arrange your quilt components. Be sure to have a way to attach it to the wall (duck tape?) or board, and some pins to pin things on when you know where you want them.
- Optional: Iron and Small Ironing pad: you'll love having it on your own table.

3. Miscellaneous

- "Fat" drinking straw and 2 pieces of masking tape to rig a guide for couching the yarns. ("fat" enough for yarns to go through the straw).
- Zip lock bags to keep your components in to carry home
- Optional: digital camera to document the steps in making this project or to photo any of the samples is a good idea. That way you'll have a record if you forget exactly what the handout means by certain phrases, and can record the various color combinations you like.

4. Fabrics

- 3-12" full length, fat quarter, or more of you "most precious fabric"
Most quilters have a "most precious fabric" which they are saving for something spectacular. This class will give you an opportunity to use a small part of this fabric to build a really easy and

dazzling quilt. Cut 3-12 inches off either end of your “most precious fabric” to use in class or bring a fat quarter of it, or bring the whole piece in case you want to use more of it. This will become your MAIN focus fabric, and it’s best if it is a multicolored fabric with at least 3-6 high contrast colors in it to base the color scheme or palette for your quilt around it.

- Fabrics to coordinate and contrast with your most precious fabric. You’ll need a variety of fabrics in each of the main 3-6 colors that you want to emphasize in your quilt. You can certainly have more colors than this....but choose 3-6 that go together well to really emphasize, and bring at least 20-24 fabrics that you like together.

Fabric Hints

Bring as much fabric as you like. **Variety** is more essential than quantity. Scraps can work fine if they’re at least 6”x6”ish or strips of at least 2-3”. If you can come with a **variety of about 20-25 fabrics** you’ll be set, and enough of each to repeat them several times. (and you can trade with each other in class if you like too).

- **SOLID color fabrics!** Be sure to bring the most gorgeous SOLIDS, solid substitutes or textured fabrics (batiks add this texture well but still appear as “solids”) that you can find, including lots of solid black or other dark color for the background. (See sample quilt photo). These can be hand dyed or commercial.
- **Black and white graphic prints** will add something special....see photo of my sample quilt. Bring several varieties if you can. A small black & white stripe can be used very effectively. Other colorful stripes work well too.
- **Hand dyed fabrics:** It’s nice to mix these in, and if you have any dyed in a light to dark gradation, you can see in my sample photo how I used even the left over pieces for effect.
- **Background fabric** to put your components on. Bring a piece of solid color or solid substitute textured fabric for your background. You will build your quilt on it. So, if you have more of it, bring it to piece with when putting it together so you won’t have to take the big piece out from under your components when you are assembling.

5. Threads

So many students have trouble finding these 30 wt, 12 wt. & specialty threads, that I am now bringing a selection of the following threads to sell directly to you in class. Often students need to see the threads demonstrated to see the effects, & we will do that in class! I hope you will support my investment in these threads and buy them from me instead of buying them elsewhere before class. If you already have these threads in your stash at home, do bring them. But... if you don’t have them, please do not go out & buy them. Please WAIT to buy them right in class since I will be bringing them right to you, and will explain why I use different ones for different patterns.

(Price listed includes tax & shipping & convenient delivery right to your class & is no more than stores, and often less expensive since I always have some of them on sale).

PAYMENT BY CASH OR CHECK ONLY (I CAN’T TAKE CREDIT CARDS)

- Variety of 30 wt. Rayon threads in solid and multicolor for \$6.50-\$8.00
- YLI Invisible (the only invisible kind of thread that I recommend) \$5.00
- Neon thread ON SALE for \$3 - \$5.50
- Sulky 12 weight multicolor cotton in all 84 colors! \$7.00
- Sulky 30 weight solid and multicolor cotton \$7.00
- Metallic Sliver threads \$3.00-4.00
- Madeira fancy metallic threads \$12.00 (these are expensive & so, optional)
- Signature Poly variegated thread ON SALE for \$6.00 (\$7.50 w/tax in stores)

6. Couching yarn or ribbon floss

- Choose a width your machine can zigzag over!. Yarns that have both dark and light colors that change are most effective. If you’re a knitter and have some, bring them to see if they will work

(no fringe types, and must be thick to show)..... but don't go out and buy any as what you choose might not work.

*** or better yet.....**LET CAROL BE YOUR YARN & THREAD SOURCE:** Carol will bring many choices of yarns for you to choose from & purchase right in class since she knows what works, and it's often hard to find. Many yarns are too "fat" or too "skinny" to work. It's hard to find just the right kinds of yarn. So, I hope you will support my efforts to provide this yarn and thread for you to purchase, and I, in turn, will bring as many colors and kinds as possible (that will work) for you to choose from. Cost will include tax and be no more than in the stores. So, please bring cash or check as Carol cannot take credit cards. It just saves everyone time to do it this way, and so far I've always had the right choice of colors for all of my students.

7. 10-12 Small Quilt Sandwiches

- (approximately 12 x 12"). These will be used to practice some free motion stitching to finish the quilts. Make the top fabric black or a dark SOLID color. The batting should be wool or cotton, not poly. The backing fabric can be any cotton fabric you have in your stash and want to just use up.

8. STABILIZED FABRIC to couch on

- This will become part of your quilt, so using your background fabric is a good idea. (This is not for practice like the free motion quilt sandwiches!) Cut a square or rectangle about 22 x 27 of one of your very dark or very light fabrics to couch on. (using the same fabric you are using for your background is a good idea). Cut this at home and put a heavy weight stabilizer (not interfacing) behind it. We'll couch on this, so it needs to be very stable and not pull when we zigzag yarns on it. Spray baste the 2 layers together. I use 3M Photo Spray Mount to do this because it's much stronger than the quilting sprays.

9. Cash or check to buy Threads or yarns to finish your quilt

- Carol will bring a variety of thread (including the best piecing thread ever) & yarn to complete your quilt. Cash or checks only---no credit cards. You'll love these threads & yarns, so be sure to come prepared to choose some thread to piece & quilt with & some yarn to couch with that will best finish your quilt in style!

*Bring a **creative attitude** and be ready to free up and just try anything to make your own unique quilt. You'll be surprised at what you'll come up with!*